

Fort Myers Beach Parks and Recreation

Bay Oaks Recreation Center Class/Activity Schedule

Winter 2016

Day	Class/Activity	Time	Location
Monday	Spin Cycle Fitness	8:30am-9:30am	Senior Room
	Aerobics	8:30am-9:30am	Gym
	Pickleball	10:00am-1:00pm	Gym
	Mah Jong	11:00am-2:00pm	Senior Room
	Club Rec	2:00pm-6:00pm	Gym
	Open Gym	6:00pm-9:00pm	Gym
Tuesday	Cardio Dance Fitness	8:00am-9:00pm	Gym
	Yoga	9:00am-10:00am	Senior Room
	Body Sculpt	9:00am-10:00am	Gym
	Bocce	9:00am-11:00am	Small Field
	Senior Softball	10:00am-12:00pm	Big Field
	Open Gym	10:00am-2:00pm	Gym
	Activities Day	11:00am-2:00pm	Senior Room
	Club Rec	2:00pm-6:00pm	Gym
	Volleyball	6:00pm-8:30pm	Gym
Wednesday	Spin Cycle Fitness	8:30am-9:30am	Senior Room
	Aerobics	8:30am-9:30am	Gym
	Pickleball	10:00am-1:00pm	Gym
	Club Rec	2:00pm-6:00pm	Gym
	Adult Basketball League	6:00pm-9:00pm	Gym
Thursday	Cardio Dance Fitness	8:00am-9:00am	Gym
	Yoga	9:00am-10:00am	Senior Room
	Body Sculpt	9:00am-10:00am	Gym
	Senior Softball	10:00am-12:00pm	Big Field
	Open Gym	10:00am-2:00pm	Gym
	Dominoes	11:00am-2:00pm	Senior Room
	Club Rec	2:00pm-6:00pm	Gym
Friday	Open Gym	6:00pm-9:00pm	Gym
	Spin Cycle Fitness	8:30am-9:30am	Senior Room
	Pickleball	10:00am-1:00pm	Gym
	Mah Jong	1:00pm-4:00pm	Senior Room
	Club Rec	2:00pm-6:00pm	Gym
Saturday	Open Gym	6:00pm-9:00pm	Gym
	Pickleball	11:00am-1:00pm	Gym
	Open Gym	1:00pm-9:00pm	Gym
Sunday	Open Gym	12:00pm-6:00pm	Gym



Bay Oaks Recreation Center
2731 Oak St.
Fort Myers Beach, FL, 33931
(239) 765-4222

www.bayoaksrec.org
Facebook: Bay Oaks Recreational Campus
Instagram: bayoaksrec

